



Scribbles and Jots

March 2019 Issue 3

The Bluster and the Sigh

March. They say it comes in like a lion and goes out like a lamb.

Sometimes creativity does the same thing. Ideas come roaring in and pounce you out of nowhere - or worse, they sit just out of reach, bare their teeth, and growl so you don't dare try to touch them.

Then - if you are lucky - for no reason other than time, those same ideas that were so difficult and scary at first wander over and gently bump you to let you know they are ready to frolic adorably across your mental landscape.

Maybe March is all about learning to be patient. A lot can happen as the clock ticks and the calendar days peel away. Very often those changes are good. Yesterday's creative lions may very well become tomorrow's dancing spring lambs. You just need to wait for their snarly side to run its course.

Make some Music

Stretch

New Recipe



Create a

Blanket Fort!

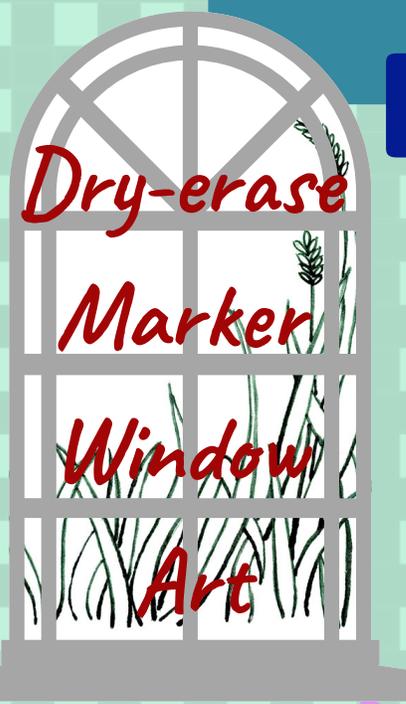
New Game



Creativity vs. Cabin Fever!

Play

New Exercise Routine



5 minute Dance Break

Learn 1 sentence in a different language.

Sing

Create something using only:

Scissors

A Paper Plate

A Black Ballpoint Pen

New Joke Day

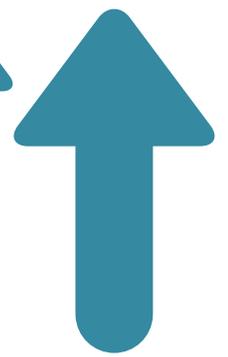
Plan a Garden



Plan



Be creative



WORDS

But, I'm not a writer...

Forgive me, but I disagree. You write lists and texts. You write quick notes and jot down directions to places and for making things. You may even write the occasional card to brighten someone you love's day. You, my friend, are a writer. Not all writers are working on a book. Some are just working on the story of their own lives. What more beautiful writing could ever be done?

So, why not write a card to your best friend. We can all use a boost to our day, after all! Send a note to your sister or father or grandparents. Take the time to hand write that recipe you love and keep losing track of. Return that text that keeps getting put off because "it can wait". Write yourself a note so you don't forget how much you love that new song you heard today.

Oh, and make sure you doodle on that grocery list! They aren't as good if they aren't doodled on! Trust me! As a matter of fact, I highly suggest doodling on everything you do. (Well, unless it needs to be turned in to someone for official purposes.) Doodles were the original emojis, after all! Share your smiles!



rite something that makes you feel smart.

Opinion Time

goldfish

cat

dog

horse

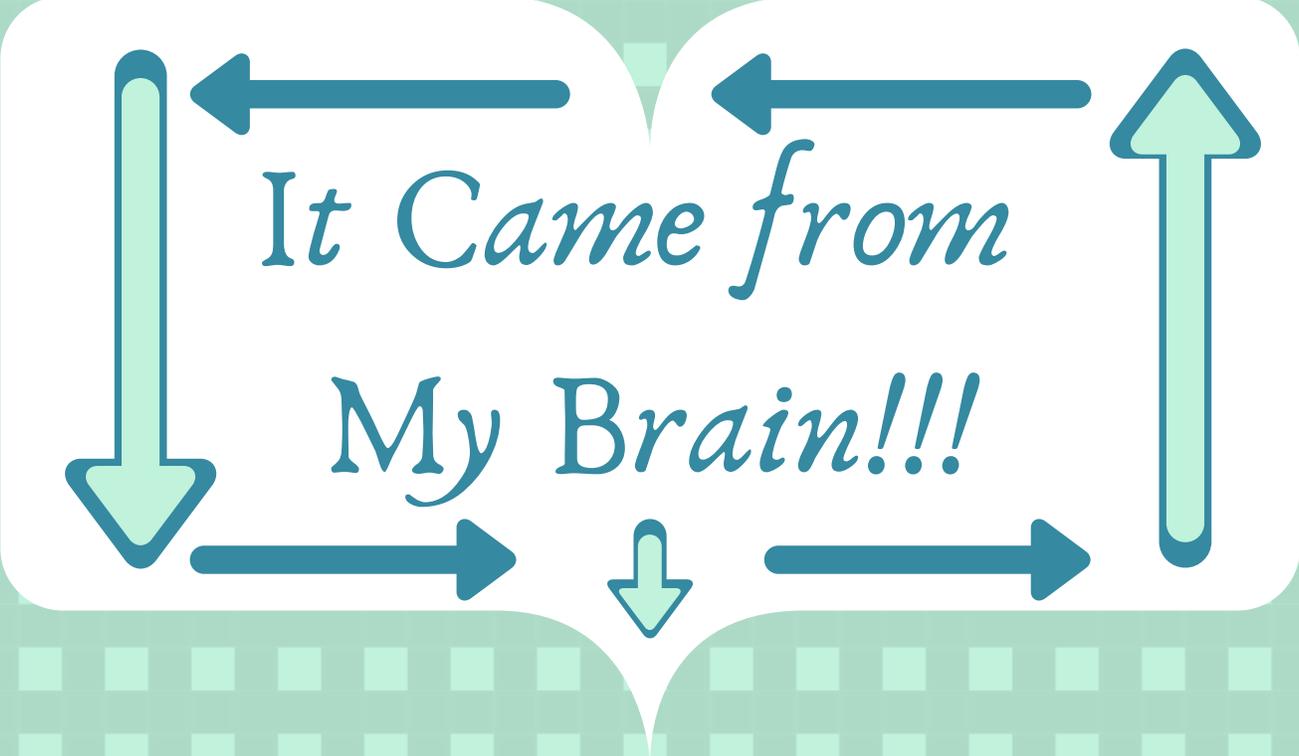
other _____

Send your answer to
BrittneyCassity42@gmail.

Every life is a story.



Prompt:
Things just weren't the same for Sam after the 8th of November.



*It Came from
My Brain!!!*

Newsletters, and Workshops, and Bears... Oh, My!

I don't know if you've noticed or not but I'm pretty adamant about this creativity thing. It's important stuff! Anyone who says differently really needs my newsletter! (You should send it their way!) So, what have I been doing with all of my time lately? How have I been creative? Well, yes! Yes, I have!

First of all, I have rewritten and uploaded all of the lesson plans for the Kickstarts! Writing Workshop. They are all sitting safely as drafts on my website blog, patiently waiting their turn to inspire writers each week until almost the end of May. If you haven't checked it out already, I highly encourage you do to so. Share with your friends, too! It's free, fun, and a great way to breathe new life into your writing routine.

I've also been working ahead on these monthly newsletters. While some of the content (like this!) really can't be written until closer to the day it is sent out, the structure of repeating sections can be built early so I am not stressing out as the 1st of each new month nears. Creativity and stress aren't a good mix. Actually, stress doesn't mix well with anything that I can think of! So, I avoid it by trying to be prepared whenever possible. And I'll let you in on a little secret: You are going to love some of the upcoming themes, ideas, and prompts!

Since I am lucky enough to also have a very creative work life, I get to share my progress there, too!

This year, I am the editor of the West Virginia Writers, Inc. quarterly newsletter. I will also be in charge of putting together the program for our annual summer conference. I admit that I'm nervous and excited all at the same time! That feeling is one of the best parts of my job! I've made some really good progress on the newsletter this week and truly enjoyed working with a new program for layout - although, my favorite one is currently Canva.com where I am building these.

I also put on my Brave Pants and sent in a cover letter and samples of my artwork to a small press looking for illustrators. I don't know if anything will come of it, but they say fortune favors the bold. I know they won't hire me if I don't at least try and the worst trying can do is add to my experience. Experience is a good thing! Cheers to the Brave Pants! Everyone should have at least one pair and they should be nicely worn in and comfortable!

And the big news is that I am currently working out some details concerning a new illustration job. That's where the bear in the title comes in! I can't tell you more right now but I'll keep you up to date on how things are going when I can!

Until then, use your creativity every chance you get! Be bold and take chances that could lead to a better future! And above all, never stop amazing yourself with the great things you can do! If you do all of those things until they simply become second nature, something spectacular is bound to happen!